Dear Coonabarabran High School Community

Welcome back to an exciting and educational year for 2008 😊

Throughout 2007 the High School Canteen Committee (A subcommittee of the Coonabarabran High School P&C which is made up of volunteer parents, our Principal, a teacher rep and the Canteen Manager) worked hard to make a number of essential changes to the canteen. Foremost was implementing changes to the menu to meet the state guidelines of the Fresh Tastes @ School Strategy – this enables our students to purchase a variety of healthy foods 😋; Purchasing and upgrading essential equipment in the canteen; Efforts were made to increase effective volunteer support; We continue to try and meet the needs of students introducing new healthy foods, surveying students desires, working with the SRC as much as we can; and there is an ongoing effort to manage the canteen budget effectively.

The High School Canteen aims primarily to provide affordable healthy food choices for students. It is also desirable for the canteen to make a profit which is then invested back into the school for much needed resources. The 2007 Canteen Committee unfortunately was unable to make any such investment into our school. The committee is working on a number of strategies to help our canteen operate more successfully in 2008 but we cannot do this alone and really need YOUR help, whether it is big or small.

For this vital service to continue we need YOUR support

How YOU can help our canteen 😊

Buy from our canteen 😊 Please encourage students and staff to buy meals from our canteen as often as possible – Even if it is once a week! Please check our ‘Fresh Tastes menu’ we hope to cater a variety of healthy meals, drinks and snacks at reasonable prices.

Order lunches at the beginning of the day 😊 Ordering helps us manage our stocks more carefully and helps us give everyone their choice.

Volunteer time in the Canteen 😊 If parents and adult family members can volunteer for any length of time (Between 8am – 2pm Mon – Friday) we would love your support... this can be to cook, prepare simple meals, tidy the kitchen. It can be one off or better still if you can contribute on a regular basis we would love your assistance. Even 1 – 2 hours is a great help - If you can spare time for our school canteen please ring our Canteen Manager 68 421904

Donate Items 😊 Got any surplus vegies, fruit or eggs to donate to the school canteen? Please discuss with our Canteen Manager if any items would be useful for our menu.

I would like to thank you in advance for your support

Yours Sincerely

Vivian Evans (Convenor)

On behalf of the Coonabarabran High School Canteen Committee